



Saving Faces

The Facial Surgery Research Foundation Autumn 2017 Newsletter

www.savingfaces.co.uk

Virgin Money London Marathon Sunday 22nd April 2018 Apply now to run for Saving Faces!



▶ Alex Lee running the London Marathon for Saving Faces in 2016

We have got some exciting news! Saving Faces has a coveted place in next year's London Marathon 2018. Not only is this a great opportunity to tick off a life goal but you will also be helping to transform peoples' lives through vital clinical research and education. As a member of **#TeamSavingFaces**, you will receive all the support and materials to help smash your sponsorship target.

If you are up for this great challenge and would like to run for us, we want to hear from you! For more information and to apply, visit www.savingfaces.co.uk

Gwen's 80th birthday fundraising party raises £1000



In June, Gwen Davis celebrated her 80th birthday in style by throwing a fundraising party at the Queen Elizabeth Public House in Chingford.

Gwen did not ask for gifts but instead asked her guests to donate to Saving Faces. There was huge support for this idea among the guests as a wonderful donation of **£1000** was raised on the day!

Jarmila Piero and her son Michael, staffed the information desk and a great deal of interest was shown in the research we carry out. All the guests had a merry time especially the birthday girl.

A huge thank you to all those that attended and for their kind donations!



◀ Gwen's amazing 80th birthday cake.



Saving Faces Christmas Cards

You can now order your Saving Faces Christmas Cards. All cards come in packs of 10 with one design per pack. **Each pack costs just £2** plus a flat rate for postage and packaging of £2.

If you would like to make an order of any of the designs we have below, please call us on 020 8223 8049 or email us at info@savingfaces.co.uk



Robins & Post-box



Icy Friends



Robin & Berries

Save the Date

Medicine and Me: Living with facial disfigurement
(featuring Saving Faces' Art Project)

Monday 22nd January 2018

More information to be announced soon.



Patient story update: Jaia



▲ Jaia at the charity event

In 2013, Professor Hutchison carried out surgery on Jaia to remove a haemangioma on the bridge of her nose. We are incredibly happy to hear that Jaia is happy and continuing to do very well nearly four years on.

In July 2017, Jaia and her family held a charity event with delicious food, a jewellery sale and a raffle to help raise money for Saving Faces. Lisa, a saxophone player, also donated her time for free to play at the fundraising event.

The family raised a wonderful amount of **£400**.

"It was a beautiful day and well enjoyed by all those that attended. We still thank you as a charity and Dr Hutchison for all he did for Jaia, who is well and happy." - Kim, Aunt of Jaia.



▲ Lisa plays her saxophone at the charity event.



▶ Some of the delicious food provided by Jaia's family.



New research: The Trauma of Trauma

We are proud to announce that since completing her PhD in May 2015, Dr Emmylou Rahtz has three peer-reviewed publications in the British Medical Journal Open, The Conversation and in the Journal of Plastic, Reconstructive and Aesthetic Surgery.

Emmylou's PhD research challenges the common assumptions about the psychological effects of facial injuries that result from gang violence. Results from Emmylou's research suggests that patients who have experienced violent injury would benefit from early psychological support, and hospital admission provides a unique opportunity to engage hard-to-reach groups in interventions.

As funders of this research, Saving Faces would like to congratulate Emmylou on these fantastic achievements! Visit our website to find the links to Emmylou's three research publications.



▲ Dr Emmylou Rahtz

PhD poster awards

Living with and beyond Head and Neck Cancer: Psychosocial Factors Associated with Impact of Cancer and Quality of Life

Congratulations to our PhD student and Clinical Researcher Elisavet Moschopoulou for winning the 1st Prize for Oral Presentation at the 2017 Barts and the London Psychiatry State of the Art Congress.

Elisavet is currently in the final year of her PhD at the Centre for Psychiatry. She recently interviewed head and neck cancer survivors exploring how individuals perceive and develop positive outcomes following their diagnosis and treatment. Her study shows that adverse life events such as cancer, can result in perceived benefits and personal development including improved relationships, and a renewed appreciation of life.

Can genetic profiling aid clinical decision making in head and neck cancer?

Congratulations also to Fatima Qadir and her team at Queen Mary University of London who were awarded the prize for best research poster at the 2017 British Association of Head and Neck Oncologists (BAHNO) scientific conference.

Fatima is a third year PhD student funded by Saving Faces.

Mouth cancer affects over 7,000 people in the UK each year and is on the increase. 5-year survival rates are very low due to late cancer detection.

Fatima's research aims to develop a highly sensitive and non-invasive test that will be used to detect early mouth cancer.

NFORC

NFORC highlights

(The National Facial, Oral and Oculoplastic Research Centre)

In December, trainee surgeons from around the country attended NFORC's '**Maxillofacial Head and Neck Trainee Collaborative Research Summit**'. Six project ideas were selected for presentation and NFORC are working closely with two trainees to develop their ideas into multi-centre clinical trials.

One trial will compare **Coronectomy Vs Total Extraction** of problem wisdom teeth. The roots of lower wisdom teeth can often be very close to the facial nerves that give sensation to our tongue, lip and chin. Research has shown that the complete extraction of such teeth may cause temporary or permanent nerve damage, which can affect speech and eating. Coronectomy involves removing the crown of the tooth, leaving the roots untouched and may significantly reduce the risk of these injuries.

The next research summit is being planned for early 2018. Details will be posted on www.nforc.co.uk

The **National Orthognathic Audit (NOA)** collects information about patients undergoing corrective jaw surgery and assesses the quality of care provided. The **National Third Molar Audit (N3MA)** provides information on the incidence of wisdom tooth problems, treatments and outcomes. These audits have been identified as a priority by the British Association of Oral and Maxillofacial Surgery (BAOMS) and will generate national benchmarks to help hospitals demonstrate their success and challenge them to improve.

The **National Head and Neck Cancer Audit (HANA)** continues to build momentum. The audit collects data on every head and neck cancer in England and Wales, of which there are 10,000 cases each year. Two years of data have now been submitted for analysis and we will publish the findings early 2018. Audit Director, Professor Hutchison commented, "*the findings from HANA will contribute to changes in clinical practice and ensure that patients receive the best care possible and experience an improved quality of life.*"

Find out more at www.headandneckaudit.com

We are cutting down on paper use and data regulations are changing.

If you no longer would like to receive information from Saving Faces or would like to receive it by email only, please email info@savingfaces.co.uk

