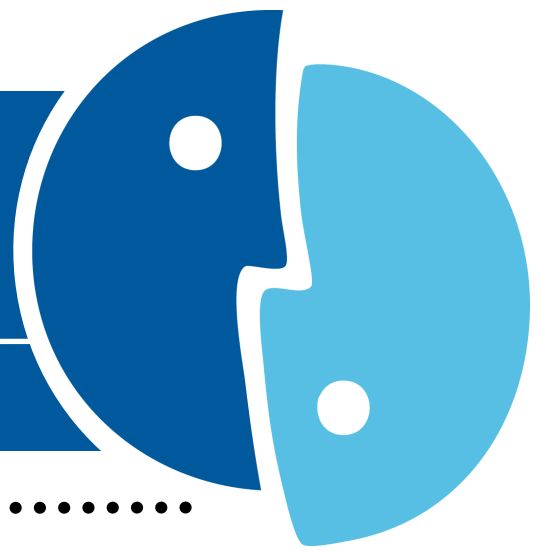


Saving Faces

The Facial Surgery Research Foundation

Newsletter 2017



..... www.savingfaces.co.uk

NFORC Highlights

(The National Facial, Oral and Oculoplastic Research Centre)

SEND trial: The trial is looking at two commonly used surgical techniques for the treatment of early mouth cancer. After an early analysis of the results, our Data Monitoring Committee have found that there is enough evidence to determine the best course of treatment for patients and so our flagship clinical trial will no longer be recruiting patients. We will be analysing the final data in the coming months, and publishing the results in the near future.

GRAD trial: Radiotherapy (RTX) is one of three common treatments for cancer but there are many complications associated with it. There are some patients that seem to suffer very, very severe reactions to RTX. The GRAD trial will identify genetic markers that will predict RTX damage to normal tissue.

Temporomandibular trial: Jaw joint and facial pain are incredibly common and poorly treated. NFORC will be comparing common treatments currently offered for temporomandibular dysfunction (TMD). This will determine which interventions for TMD is best and inform clinical guidelines.

Premalignancy trial: This trial will compare three commonly used treatments for precancerous areas of the mouth exhibiting dysplasia in prevention of oral cancer developing.

Jaw fractures: This trial will compare the risks following the removal of the third molar (wisdom tooth) and the risks of retention in the angle of the jaw bone.

Head and Neck Cancer Audit (HANA)

HANA
HEAD AND NECK AUDIT



NHS England and the Welsh Government.

2016 was an exciting year for Saving Faces with new research, awards for our PhD students and most importantly, running the new national head and neck cancer audit.

Saving Faces was awarded the contract to develop and manage the new national Head and Neck Cancer Audit (HANA), funded by

The new audit focuses on patients who have cancer of the head and neck; excluding tumours of the brain and thyroid cancers.

One of the key roles of the HANA project is to assess and improve the quality of services and the outcomes of all head and neck cancer treatments across England and Wales. Saving Faces is

working closely with the British Association of Head and Neck Oncologists (BAHNO) to ensure that HANA focuses on information that is relevant to real-world patient outcomes, with the ultimate aim of improving patients' quality of life.

Further information about HANA can be found at:

www.headandneckaudit.com

Phillip Skydives for Saving Faces!



Phillip Knowler did a skydive in September and raised a total of £900!

See the last page for more stories and pictures of our other amazing supporters.



Conferences

Saving Faces Diagnostic Advice Service (SFDADS)

Early diagnosis of mouth cancer increases the chances of survival from 50% to 90%.



In June, Dr Amrita Bose presented her research abstract on SFDADS at the Evidence Live Conference in Oxford.

SFDADS is a rapid online advice service set up to help dentists and doctors detect mouth cancers early and

speed up the referral process for treatment. Participating dentists in England upload patient details and digital photographs of suspicious mouth lesions onto a secure online system and receive expert diagnostic advice from an oral and

maxillofacial consultant within 3 working days.

Saving Faces are now conducting a service evaluation to assess whether suspicious mouth lesions seen for the first time in participating primary care and submitted to SFDADS were correctly identified by a consultant. The results of the service evaluation will be published in the near future.

To find out more about the service please visit our website

www.sfdads.co.uk

Behind the Face: Trauma in Head and Neck Cancer Patients Copenhagen Conference

Big congratulations to our PhD student and researcher, Elisavet Moschopoulou, who won the 2016 Student Poster Presentation Award at the International Society of Quality of Life Research 23rd Annual Conference in Copenhagen.

Elisavet's PhD research is the first to examine post-traumatic stress in head and neck cancer survivors, an area that is lacking research. Many patients experience a variety of adverse physical, functional and psychological symptoms following treatment that affects their quality of life for many years after cancer diagnosis.

Elisavet's research was also particularly well-received when she was invited to speak at QMUL's "William Harvey Day", an annual event showcasing research at the School of Medicine and Dentistry,

Massive well done Elisavet!

TV Doctoring Debate: Light Entertainment or Healthcare?

“Trying to understand a patient's true story in just 2 minutes on TV is not possible.” - Professor Hutchison

Professor Hutchison was one of four experts who took part in a very passionate and enlightening debate in front of an audience of more than 200, on whether encouraging patients to share their intimate problems on TV medical programmes such as “Embarrassing Bodies” and “Jeremy Kyle's Emergency Room” upholds the Hippocratic Oath. The debate was chaired by the founding director of the Hippocratic Post and Saving Faces patron, Carole Stone CBE.

Professor Hutchison teamed up with Dr Clare Gerada (Former President of the Royal College of GPs) who powerfully argued against the motion, declaring these TV doctoring programmes to be “Victorian freak shows”.



The opposing panellists, Dr Dawn Harper (NHS GP and Presenter on Channel 4's Embarrassing Bodies) and Dr Ian Campbell (Medical Consultant, Jeremy Kyle's Emergency Room), teamed up to endorse the positive importance of medical shows and argued that such shows encouraged more people to

overcome their embarrassment about visiting their GP.

The debate quickly became heated and could have easily gone on longer. In the end, the motion was put to vote and the outcome seemed even amongst the audience members but was not counted.



Alan Rickman (1946—2016)



Alan Rickman launching NFORC in November 2014

Last year, our wonderful patron Alan Rickman sadly passed away. Alan was a loyal supporter of Saving Faces since its inception and a good friend. In 2014, he launched NFORC (The National Facial, Oral and Oculoplastic Research Centre – funded by Saving Faces) which is the first head and neck centre dedicated to researching how best to prevent and treat facial and mouth diseases worldwide

Special Charity Screenings: Eye in the Sky and Robin Hood: Prince of Thieves

Saving Faces partnered with the Phoenix Cinema in East Finchley to host two special screenings in memory of Alan and his successful acting career; the 90s classic *Robin Hood: Prince of Thieves* and *Eye in the Sky*.

“Alan was a great humanitarian, very kind, warm and funny.” - Director Gavin Hood

Oscar-winner Gavin Hood, the director of *Eye in the Sky*, carved time out of his hectic schedule to introduce the military thriller. Gavin paid special tribute to Alan whom he described as having inimitable ability to bring humour to scenes of great tension and genuine empathy to the character of General Benson.



It was wonderful to see the theatre packed with people there to pay tribute to our beloved patron. Half of the proceeds went to Saving Faces.



Professor Iain Hutchison (L) and Gavin Hood (R)

“We have loved having his support with us at all times and will miss Alan immensely” - Saving Faces Team

The Alan Rickman Professorship

The cinema screenings marked the first step in raising funds to endow a permanent Alan Rickman Professorship to lead NFORC. In this way Alan's name will live on forever when it is mentioned in all our scientific papers and at medical conferences around the world.

To make this permanent we need to raise a £5million endowment. This is an ambitious undertaking and Saving Faces is calling on fans of Alan to help make it a reality. We would greatly appreciate your ideas to develop our fundraising strategy or any advice on crowd-funding, which is new and unfamiliar territory for our charity. If you would like to get involved in this campaign, please get in touch at info@savingfaces.co.uk.



Clinical researchers Amrita Bose (L) and Sarah Furnell (R)

Guise and Dolls Head & Neck Cancer Support

Guise and Dolls is a support group that is open to all patients and carers who have been affected by head and neck cancer. The group are welcoming new members to come along and share their experiences with others in similar positions. Meetings take place **every third Monday of each month from 1.00pm to 3.00pm** and are entirely confidential. The group also hold annual Christmas parties and Summer parties.

The support group is a mix of head and neck cancer patients who have undergone various treatment including surgery, radiotherapy and chemo.

Location: Group Room (Dimbleby Cancer Care) Ground Floor, New Cancer Centre, Guy's Hospital, London, SE1 9RT

To get in touch with Guise and Dolls, please contact **Barrie Leyshon**, a member and a throat cancer patient of 10 years.

Email: barrieleyshon@gmail.com



Thank you to our amazing supporters!

Up Mount Kilimanjaro and Across The Rocky Mountains



Josh Jones embarked on his exciting endeavour last summer in raising funds for Gehandu School in Tanzania and awareness for Saving Faces. Our intrepid fundraiser achieved his first goal in July where he succeeded in climbing the treacherous heights of Mount Kilimanjaro to Uhuru Peak, the highest point in Africa.

Since his return, Josh has accomplished his second goal of cycling across the Rocky Mountains in the USA to raise even more funds for Saving Faces. Josh amazingly raised over £4,000 for both causes!



His support and motivation comes after listening to his father, who is a head and neck surgeon, regularly talk about various operations and difficulties involved in head and neck surgery.

Our London Marathon Runners Kris, Steph and Alex!



Massive and heartfelt congratulations to our fantastic runners Kris Carroll, Stephanie Corns and Alex Lee who took part in the 2016 London Marathon to support us. The amazing trio raised an outstanding sum of £4,594.84 between them!

Kris, surgical trainee at the Royal London Hospital, finished in an amazing time of 3 hours and 23 minutes. Steph, who also works alongside Kris, finished in a very respectable 4 hours and 5 minutes. Alex was not far behind, finishing less than 3 minutes later.

The Story Behind Alex Running the Marathon

Alex Lee was unaware of head and neck cancers until his mum was diagnosed with mouth cancer not long after falling pregnant with his younger brother, Jonty.

Luckily, Alex's mum had an operation that successfully removed her cancer and the birth of Jonty went smoothly. Since his mum's treatment, Alex has been an exceptional supporter of Saving Faces. He is now following her lead by fundraising to raise money for the charity to support Professor Hutchison and his team of researchers.



We would like to thank Alex and his family for their support and who have also raised over their target of £1,900 for us!

Kuldeep Rehal's Story



Kuldeep Rehal sadly passed away in July 2015 after a battle with cancer. Since then his family and friends have joined together to raise funds and awareness for Saving Faces.

"It has been a difficult journey for our dad and our family, but our dad is the glue that has kept us all stuck together, and that is how we will remain. Everyone who knew our dad, knew he was a caring, loving and happy man. Always there to help and guide everyone. That is how we always want him remembered."



In March 2016, Kuldeep's family and friends held a table quiz and raffle in his honour, raising an amazing £1,200.

The family's online donation page has also raised more than £4,000, over double their target of £1,500, which is astounding! Saving Faces would like to extend a big thank you to Abnash, Amrit, Jasmita, Tanpreet, Jasraj, Bal, Neil, Gursimran, and all of Mr Rehal's family and friends for their continued support.

You can make a donation in memory of Kuldeep Rehal through the family's Just Giving page: <https://www.justgiving.com/fundraising/kuldeprehal>

