



www.savingfaces.co.uk

2011 Spring into Action with Saving Faces

2010 was our Tenth Anniversary. This newsletter looks back over a highly eventful year and celebrates those who have already sprung into action on our behalf, with examples of fundraising across a whole spectrum of events. We would like to thank everyone who has raised money for us and also the generosity of major and smaller donors.

Our eleventh year will see three innovative projects to improve patient treatment:

1. The expert patient helpline where previous patients will advise newly diagnosed patients on those day to day things that no doctor ever knows.
 2. A world first for the UK. With the British Association of Oral and Maxillofacial Surgeons we have set up The National Facial Disease and Injury Study Centre. Its findings over the next years will determine best treatment practice for all patients.
 3. A rapid electronic advice service for doctors and dentists speeding the treatment of their mouth cancer patients.
- To find out more about these initiatives and their cost have a look at our web site www.savingfaces.co.uk

Sponsored Family Bike Ride 2010

This was a huge success. We certainly could not have wished for better weather and would like to thank everyone involved with this event-the cyclists, those of you who were not able to join in but generously sponsored friends, relatives or Professor Hutchison and his colleagues, and last

One of our youngest cyclists ▶

but by no means least, all the helpers. You raised over £50,000!

95 Saving Faces supporters cycled. This included several patients and their families and surgeons, including a whole team from Oxford, who were sponsored by their patients. One of the youngest cyclists was three years old and he managed ten miles on his pedal-less bike, the oldest was a grandma who cycled fifty miles. Registration was free and all cyclists received a goody bag with fruit, cereal bars and water. Many families brought a picnic and children had fun cycling, taking part in the arts and crafts activities, having their faces painted, being entertained by the magic show and dancing to the live music. There were stalls and games for adults too, including a popular giant Jenga. Saving Faces' supporters Ruby Wax and Kathy Lette joined the cyclists along with Saving Faces' patron Jon Snow. They awarded T shirts and medals to the cyclists at the end of the day and posed for photos.

Everyone had so much fun we are going to do it again. Why not join us on Saturday 3rd September, straight after the summer holidays when you will be feeling fit and healthy. Everyone is welcome – all ages, and all abilities – so do bring your friends, family and cheerleaders too! Redbridge cycle centre has a purpose built private road circuit to give you a great cycling experience in a car free environment. The roads are wide and quite flat, and we'll have the place all to ourselves. There is a large car park next to a cycle hire centre and a clubhouse, where there are toilets and showers and a café with a covered balcony giving views of the circuit. You can bring your own bikes or hire one for the day.

Ruby Wax, Kathy Lette and Jon Snow award medals and T shirts to all participants



The centre is set in countryside and there are plenty of grassy areas for picnicking whilst watching the cyclists.

Redbridge Cycle Centre is on Forest Road near Hainault in Ilford (IG6 3HP), 7.5 miles from junction 27 of the M25, 4 miles from junction 5 of the M11 and within minutes of the A12 and the North Circular.

Sponsored Family Bike Ride 2011

Saturday 3rd September

To register free call:
020 346 55755



A hungry cyclist tucks in ▶



▲ Saving Faces patron Jon Snow cycled 25 miles



Sponsored Family Bike Ride 2010 More Super Cyclists



John with friend Rich ▼



John O'Groats to Land's End

John Finlay's father was diagnosed with a rare form of facial cancer. John successfully **cycled from John O'Groats to Land's End** to raise money for Saving Faces.

Tim Hall Golf day

For the past seven years Tim Hall has been raising money for Saving Faces by running **an annual charity golf day at Cleobury Mortimer Golf Club** in memory of his father

2010 Champions with Tim ▶
Sam Pringle, Andy Greenhalgh, Tim Hall, Jack Pringle
The 8th Saving Faces Charity Golf Day will take place
on Friday 16th September 2011



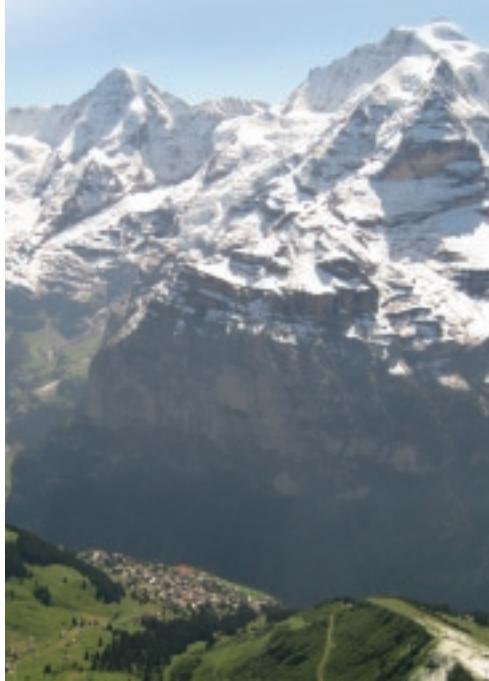


The mountains of Switzerland

Eleven year old Mairidgh, sister Rosie nine and brother John seven raised money by walking in the mountains in Switzerland.

This is what Mairidgh had to say,

'We walked over seven miles up a mountain in Switzerland to raise money for Saving Faces. We were 2000 meters above the ground. The weather was boiling hot and we could really feel the altitude as we got higher. It was a tough and tiring walk. It was a bit scary at times too as there were some very steep drops at the edge of the mountain paths. There were also some beautiful views of the mountains. We are all very proud of what we achieved.'



Tim Heming has been a supporter of Saving Faces since receiving treatment for a fractured jaw. In 2010 he ran the London Marathon and then went on to complete the London triathlon later in the year, (left) As a result of Tim's nomination Saving Faces was chosen as the charity of the night for the annual Lifesearch charity night party in December.



Super runners!



In September Anthony Gallagher and family and friends did a 5k fun run at Crystal Palace

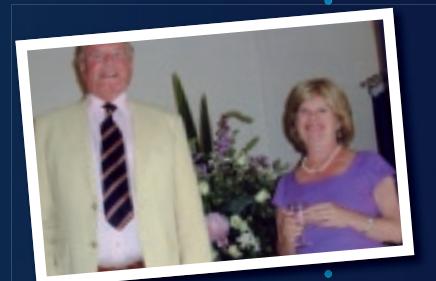


Rosemary Clarke, Georgina Godfrey and Cathie Rowan ran 5k in Hyde Park

Other amazing supporters!

Anne Staveley held a dinner and charity auction. She is pictured here with Barry Giles, a former patient of Professor Hutchison and another great supporter of Saving Faces.

Doctor Suzanne Westley ran the Paris marathon and patient Doreen Noakes held a jewellery sale and a dinner/dance.





London to Paris...

'It had to be done'

I had an accident on my bike, six years ago, which resulted in me needing reconstructive facial surgery. So not being one to stay down I thought the best way to raise funds for Saving Faces was on my bike. I signed up for London to Paris. Training was difficult over the winter as icy roads and two wheels are not a good mix so I set up my bike in the back bedroom on a turbo trainer. When the weather improved I was out on the roads. My forty mile round trip to work was a good start and I rode in as many times as I could. I entered a local ride of seventy five miles and carried on riding my bike as often as I could.

The Paris ride started at Crystal Palace and as I looked down at my front wheel I thought of the three hundred miles I was going to cycle. With a first turn of the pedals I was off. Day one down to Dover was hard and by the time we reached the overnight stop just outside Calais I had ridden a hundred and four miles. Day two to Abbeville was a struggle at first. I suffered the first twenty five miles. I was low. I made it to the first water stop, ate and drank and after a short rest I was away. As the ride continued on the way to Paris I gained strength and was pleased with my riding. Next stop was Beauvais and then the following day into Paris. Riding in Paris was a new experience, it was manic, traffic and pavements overflowing with people. While the Eiffel Tower was a welcome sight, it was also a bit sad as the ride was over. The challenge done and all the planning and training had paid off. '

VIVA Las Vegas!

Drew Palmer ran the Las Vegas marathon in December.

This is what he had to say.....

'I have just completed the Las Vegas marathon on Sunday 5th December, in aid of Saving Faces. This is a charity set up by my late father-in-law Henry de Lotbinière's surgeon, Professor Iain Hutchison, in 2000 to fund research into the treatment of facial injuries and disease. Henry underwent fifteen operations after being diagnosed with mouth and throat cancer, and it was testament to Iain's skill and determination that he stayed alive for as long as he did.

As tough as I found the twenty-six miles, it paled in comparison to what Henry and so many like him have had to undergo.

If you would like to know more about the charity, please go to www.savingfaces.co.uk.

Thank you so much for your support. I managed to complete it in 3hr 31 minutes (though not dressed as an "Elvis" - unlike many of my fellow runners) I'm afraid to say!'

Our friend Ann

was fun. As a child, she had a very close relationship with her grandmother who lived in Scotland: when visiting her on school holidays she was allowed to explore the countryside with a picnic in her bag, memories which remained with her for life.

Ann went to University College London to read economics. Music played a great importance throughout her life. She played the flute with small groups of friends until she had to give it up after her first operation in 2001. After graduation, she was awarded a scholarship to continue her studies at the University of Michigan. She soon found the curriculum repetitive and began looking around for something more challenging to study and hit upon ancient Greek. She mastered the introductory textbook in record time and wondered what else there was to do. Professor Buttrey tossed a French study on a particularly difficult ancient Greek coin her way and asked her what she could make of it. The study of this particular coin led to the discovery of the earliest preserved map, and her first (and very important) article on numismatics. The connection with Professor Buttrey led to their marriage the following summer, in 1967.

Marriage to Ted meant bringing up his four children. The family spent a sabbatical year in Cambridge at Clare Hall in 1972, which led to their move, and Ann's return, to England in 1976. In Cambridge Ann joined the Planning Department of the Cambridgeshire County Council. In February 2010, more than thirty years later, her friends from the planning department had a drink in her memory, remembering her infectious laugh and her ability to make the best of what must have been a rather tedious job for her.

Ann's life changed when she was awarded a Research Fellowship in Clare Hall: this was a particularly happy period of her





SAVOUR GOOD THINGS

'If I had a motto it would be 'Savour Good Things': friendship, and the beauties of nature (trees, of course, and landscape), music, knowledge, and, last but not least, good food and drink. I am sorry that I can no longer share these things with you but I hope you will continue to enjoy them and will remember the good times we had together.'

Ann Johnston (12 July 1944 to 2 January 2010)

life, though during this time she and Ted parted. She thrived in her academic work. In 1984, she felt she had 'done' Cambridge and decided to move to Paris. She lived right in the centre of Paris, within walking distance of many museums, and places she could not reach on foot, she cycled to. Ann adored Parisian life. The people in her local market were impressed with her knowledge of food and wine, and excellent French. When Ann's elderly parents needed her support, she moved back to Cambridge, but kept her flat in Paris and made the most of both places.

When she was diagnosed with cancer in the spring of 2001 she was more surprised than shocked: she had never smoked and had a very healthy lifestyle. She booked herself in for surgery in Addenbrooke's with Mr. Cheng. The surgery was major, but she communicated by writing notes to her many visitors, soon learnt to speak, and was back to her previous self within a few months. She had many sessions of radiotherapy over that summer, cycling from her house to hospital; a period she did not enjoy, to put it mildly. Even though a chunk of her shoulder had been taken out to rebuild her jaw, she was back on the tennis court within months.

Ann must have been disappointed not to be able to continue to play the flute, but, never a person who complained about her lot, she took up kayaking. Ann concentrated on the fact that she was not in pain, had no symptoms, and was extremely fit so could do just about everything she enjoyed doing. When it was discovered in the summer of 2003 that the cancer had returned in the shape of a small tumour on the back of her neck and she was told that nothing could be done about it, she did not accept this verdict. She had kept in contact with Mr Cheng since her first operation, so she emailed him at once. Leo Cheng arranged to see her at St Bartholomew's hospital with Iain Hutchison as soon as possible, a fact she valued more than words could

ever describe. She never forgot that by operating on her a second time, Iain Hutchison and Leo Cheng gave her an additional lease of life -- six years of long walks, improving her volleying and backhand on the tennis court, confronting swans in a kayak, and enjoying concerts, exhibitions, plays, and art house films. She was thoroughly grateful for all of the care she was given by her surgeons and appreciated particularly the efforts made when her eyesight was affected by the tumour.

Her friends pressed her to make a fuss and to demand other treatments, in the hope that this would save her life, she refused because she knew that her doctors were doing all that was possible. She concentrated even more on the good times she had had, on the many things she could still enjoy and, above all, that she was able to lead a completely independent life with Martha, her cat, that she was pain free and surrounded by lots and lots of friends, both through personal visits and through email contact. She spent the last few weeks in the Arthur Rank Hospice in Cambridge, from where she wrote a letter to the local newspaper, expressing her gratitude for being so lucky to be in such a comfortable and friendly place.

Ann left all of her estate to charitable causes, including Clare Hall, the Mercy Ships and Saving Faces.

In Memory of Ann Johnson, patient and valued supporter

Written by close friend **Iris Hunter**

In Memoriam

Like Ann, many of our supporters leave money to us in their wills or we receive money raised by friends and families in memory of loved ones.

We are so grateful for the wonderful gifts that Saving Faces has received over the last year in this way.

Ann Johnston donated £206,000 through the sale of her flat and from her estate.

Keith Bertenshaw gave us a legacy of £5,000 and Pauline Baker left a legacy of £1,000 to Saving Faces.

As well as Ann, Keith and Pauline, several more of our beloved friends passed away over the last year and we remember them and the lasting impact they have had on our lives.

Angela Mary Collins
Gwyneth Franksen
Susan Kingett
Margaret Larkin
Walter James Nicholson
Cavan O'Connor
Richard Parsons
Barbara Wise



Thank you for supporting the Facial Surgery Research Foundation

Saving Faces (FSRF)

You can use this form to make a single donation or a regular commitment to the FSRF. We will be able to reclaim tax paid on all your donations if you complete the simple Gift Aid Declaration below.

Personal Details

Title _____

Full Name _____

Address _____

Postcode _____

Telephone _____

Fax _____

Email _____

Single Donation

I enclose a cheque for the sum of £ _____
made payable to Saving Faces

Standing Order Mandate

To (your bank's name and address) _____

Your Bank Account Number

Your Sort Code

Please pay The Facial Surgery Research Foundation Saving Faces
(Santander, sort code 09-06-66, account number 40769363)
£ ____ on the ____ day of ____ 20 ____ and thereafter on the
same day of the following months/quarters/years until further
notice, making ____ payments in all. (Delete as applicable)

Signed _____ **Date** _____

Gift Aid Declaration

I am a UK taxpayer and would like the FSRF — Saving Faces to reclaim the tax paid on this and any other donations I make until I tell you otherwise.

*You may cancel this declaration at any time by notifying the charity.

Signed _____ **Date** _____

Legacies

By making a will and leaving a legacy to the Facial Surgery Research Foundation you will help us to plan our research projects. If we are a beneficiary of your will, any money left to us is untaxable and therefore of extra value to us.

Please return this form to:

FSRF — Saving Faces, St Bartholomew's Hospital, West Smithfield, London EC1A 7BE

*The Facial Surgery Research Foundation — Saving Faces is registered charity number 1081214.

*The information in this form will be used only by the FSRF and will not be made available to anyone else.

*Please notify us of any change of address.

Help us to reduce our costs by sending us your email address for future correspondence
EMAIL US TODAY: savingfaces@mail.com

**Please note that Saving Faces
contact numbers have changed**

T: 020 346 55755

F: 020 346 56755

